

Rainbow Learning Center & Daycare



Weekly Meal Menu for:

October 2 - 6 2017

706 S. Central Ave. New Albany, MS 38652 662.539.0408

Record all food and beverages served. List all servings sizes. Please print in ink. Refer to Appendix C in Regulations Governing Licensure of Child Care Facilities.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Time Served _____ • Juice or Fruit • Cereal or Bread Alternate • Milk • Other Foods	Pears Wheat Bread Milk Cheese	Orange Sections Cinnamon Rolls Milk	Apple Sauce Biscuits Milk Bologna	Blueberry Oatmeal Milk Raisins	Strawberry Muffin Milk
Snack Time Served _____ (Select two out of four food groups) • Meat or Alternate • Bread or Alternate • Vegetables or • Other Foods Fruit, Juice • Milk	Graham Crackers Veggie Water	Carrots Ranch Dressing Apple Juice	Graham Crackers Peach Water	Peanut Butter Sliced Bread Grape Juice	Goldfish Pineapple Juice
Lunch/Supper Time Served _____ • Meat or Alternate • Vegetables or Fruit (2 different vegetables or 1 vegetable and 1 fruit) • Bread or Alternate • Milk • Other Foods	Chicken Broccoli Apple Slices Rolls Milk	Beef w/ Mac-n-Cheese Peas/Carrots Fruit Salad Rolls Milk	Ham Sandwich Potato Tots Peaches Bread Milk	Sweet/Some Chicken Rice Green Beans Rolls Milk	Hot Pocket Corn Peaches Milk
Snack Time Served _____ (Select two out of four food groups) • Meat or Alternate • Bread or Alternate • Vegetables or • Other Foods Fruit, Juice • Milk	Cheese Wheat Crackers Grape Juice	Mini Bagel Cheddar Cheese Water	Apples Peanut Butter Apple Juice	Cheese Cracker Orange Juice	Oatmeal Cookies Grape Juices